Awareness · Prevention · Survival

Survive and Thrive 5k Run/Walk

Health & Safety Expo

Live Entertainment · Goody Bags · Shirts · Medals · Vendors with Free Samples
Free Food & Drinks · Health Screenings / Safety Tools · Survivor Dove Release

Saturday, October 10, 2009

Special Guest

DIANE DIMOND

Nationally syndicated columnist
Veteran TV correspondent
Author

Location:

Los Alamitos Joint
Forces Training Base
4522 Saratoga Ave
Los Alamitos, CA 90720

Complimentary Parking - Bring ID To Enter Base

Schedule of Events:

7:00 am	Registration Begins
8:15 am	Warm Up
8:30 am	Special Guest Presentations
8:45 am	Survivors Dove Release
9:00 am	Run / Walk
7am - 12noon	Health & Safety Expo

www.surviveandthriverunwalk.org
(949) 872-7895 · Crimesurvivors@aol.com

PLEASE PRINT, COMPLETE AND MAIL IN THE FOLLOWING PORTION OF THIS EMAIL TO REGISTER FOR THE RUN/WALK OR REGISTER ONLINE AT www.surviveandthriverunwalk.org

Survive and Thrive 5k Run/Walk
Health & Safety Expo

SURVIVE & THRIVE
5K Run/Walk Registration Form

Register day of event for additional cost (Rain or Shine)

online registration powered by active.com

FIRST: LAST:

ADDRESS:

CITY: STATE: ZIP:

TELEPHONE: ( ) - AGE: M/F SHIRT SIZE: S M L XL XXL

E-MAIL:

WAIVER & RELEASE: I recognize and hereby expressly assume the risks and injury inherent in any exercise program, and I am participating in this event upon the express and understanding that I am hereby waiving and releasing Crime Survivors, Inc., *The United States Department of Defense, the California State Military Department, the California Army National Guard, the Joint Forces Training Base, Los Alamitos, and any and all their affiliated corporations and/or associations (collectively Crime Survivors Organizations) as well as Crime Survivors Organizations' agents and representatives, from any and all claims, damages, losses, or liabilities including but limited to illness or assignees, including attorneys's fees and court costs, arising out of, in any way related to, my participation in Crime Survivors. I hereby give the right and permission to Crime Survivors to use my recorded voice and photographic images through any medium, I waive any right to inspect or improve the finished copy, images or printed matter that may be created in conjunction with the eventual use for any Crime Survivors program.

Signature of Participant (if a minor, please obtain signature of parent or guardian)

EVENT FEES (CHECK ONE)

☐ $25 PRE REGISTRATION ☐ $20 CHILDREN UNDER 12 ☐ $_____ Enclosed is additional monies raised

☐ $_____ I cannot attent but please accept my donation

Visa/Mastercard/Amex Expiration Date

Authorization Signature