

# Awareness · Prevention · Survival



Health & Safety Expo

Live Entertainment · Goody Bags · Shirts · Medals · Vendors with Free Samples  
Free Food & Drinks · Health Screenings · Safety Tools · Survivor Dove Release

## Saturday, October 10, 2009



**Special Guest**  
**DIANE DIMOND**  
Nationally syndicated columnist  
Veteran TV correspondent  
Author

**Location:**  
Los Alamitos Joint  
Forces Training Base  
4522 Saratoga Ave  
Los Alamitos, CA 90720  
Complimentary Parking - Bring ID To Enter Base

### Schedule of Events:

7:00 am	Registration Begins
8:15 am	Warm Up
8:30 am	Special Guest Presentations
8:45 am	Survivors Dove Release
9:00 am	Run / Walk
7am - 12noon	Health & Safety Expo

[www.surviveandthrivewalk.org](http://www.surviveandthrivewalk.org)  
(949) 872-7895 · [Crimesurvivors@aol.com](mailto:Crimesurvivors@aol.com)

PLEASE PRINT, COMPLETE AND MAIL IN THE FOLLOWING PORTION OF THIS EMAIL TO REGISTER FOR THE RUN/WALK OR REGISTER ONLINE AT [www.surviveandthrivewalk.org](http://www.surviveandthrivewalk.org)



## SURVIVE & THRIVE 5K Run/Walk Registration Form

active registration powered by  
**active.com**

Register day of event for additional cost (Rain or Shine)

FIRST:           LAST:

ADDRESS:

CITY:           STATE:   ZIP:

TELEPHONE: (   )   -   AGE:  M/F SHIRT SIZE: S M L XL XXL

E-MAIL:

**WAIVER & RELEASE:** I recognize and hereby expressly assume the risks and injury inherent in any exercise program, and I am participating in this event upon the express and understanding that I am hereby waiving and releasing Crime Survivors, Inc., "The United States Department of Defense, the California State Military Department, the California Army National Guard, the Joint Forces Training Base, Los Alamitos, and any and all their affiliated corporations and/or associations (collectively Crime Survivors Organizations) as well as Crime Survivors Organizations' agents and representatives, from any and all claims, damages, losses, or liabilities including but limited to illness or assignees, including attorneys's fees and court costs, arising out of, in any way related to, my participation in Crime Survivors. I hereby give the right and permission to Crime Survivors to use my recorded voice and photographic images through any medium, I waive any right to inspect or improve the finished copy, images or printed matter that may be created in conjunction with the eventual use for any Crime Survivors program.

Signature of Participant (if a minor, please obtain signature of parent or guardian)

#### EVENT FEES (CHECK ONE)

- \$25 PRE REGISTRATION     \$20 CHILDREN UNDER 12     \$\_\_\_\_\_ Enclosed is additional monies raised  
 \$\_\_\_\_\_ I cannot attend but please accept my donation

\_\_\_\_\_  
Visa/Mastercard/Amex

\_\_\_\_\_  
Expiration Date

\_\_\_\_\_  
Authorization Signature